

Red

JANUARY 2017 £4.20

50 BEAUTY HEROES

we love

HAIR BOOSTERS
SKIN-PERFECTORS
+ STAY-PUT
LIPSTICKS...

Let's DANCE

JONATHAN SAFRAN FOER
ON A GOOD DIVORCE

TAMARA ROJO -
BALLET'S FIRECRACKER

LIFE WITHOUT JO COX
BY JESS PHILLIPS MP

**PARTY ON IN LUREX KNITS,
MODERN SEQUINS
& DANCEFLOOR HEELS**

**TESS &
CLAUDIA**
ON STRICTLY
AND THE
SISTERHOOD

EAT!
HYGGE
BAKES
& COSY
SUPPERS

MEMOIR

**'I WOULD
RATHER BE
ORDINARY
THAN
BEAUTIFUL'**
by Sali Hughes



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HEARST
magazines UK



Derek Lam AW16



BATH OILS AGAINST COLDS

I'm feeling cold or full of cold on a pretty much ongoing basis at the moment, so days are spent dreaming of the moment I can climb into a hot bath with a glug of Olverum Bath Oil (£26). It's utterly therapeutic and fills the bathroom with its delicious herby scent.



THE LAURA MERCIER EDITORIAL INTENSE CLAYS EYE PALETTE (£38) IS LOADED WITH PRETTY, SEXY SHADES IN A SOFT TEXTURE THAT MAKES THEM A JOY TO APPLY. IT'S MY NEW MUST-HAVE.

UPDATE

BEAUTY NOTEBOOK

Youthifier alert!

I've just started taking these Lumity supplements (£79 for a four-week supply) as they come recommended by both Red's no-BS health director and the most youthful-looking fiftysomething I know – Yasmin Le Bon. Their USP is high-quality nutrients suspended in flax oil, making them super-digestible. I'll keep you posted.

3 BEST LAST-MINUTE STOCKING FILLERS

Aerin Rose Night Table Cream & Overnight Mask, £60 – suits most skins and adds to any bedside table



Jo Loves Christmas Trees candle, £50 – does exactly what it says on the elegant glass votive

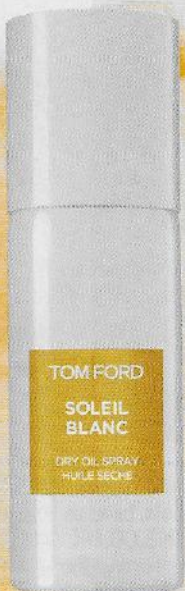


Elizabeth Arden Love Eight Hour Lip Palette, £27 – contains three vibrant shades to lift anyone's festive spirit



PARTY PREP

Tom Ford's Soleil Blanc Dry Oil Spray (£45) leaves a subtle sheen and smell on skin with no stickiness. The perfect finishing touch for legs and arms.



BEAUTY INSIDER

by ANNABEL MEGGESON



THRILLING AND TERRIFYING IN EQUAL MEASURES was the overwhelming beauty trend on the S/S 17 catwalks: 'no make-up' make-up. This means **SKINCARE**

IS THE NEW MAKE-UP, which means cleansing is the new skincare. I've discovered Tata Harper cleansers, which are expensive (from £32) but lovely (ditto Romilly Wilde Light + Energy Serum Cleanser, £75), and now Clinique's Sonic Cleansing Brush (£79) comes with an 'extra gentle' head, I've felt brave enough to try it. (Cleansing brushes have left my skin sensitised in the past.) I use it with balm for a treatment that melds massage and exfoliation to leave skin glowing. Treat buffed, damp skin to a serum – it'll never be better primed to absorb all those actives – then an oil or moisturiser such as Clinique's new Pepstart Hydrorush Moisturiser (£24.50). Concealer covers blemishes and bags, and... that's it! A bit of spring in winter. ■

This month I have been...
INTRIGUED by the milk-oil texture of Bobbi Brown's Repair Nourishing Milk (£54); **SLATHERING** on Ole Henriksen's Blue/Black Berry Enzyme mask (£36); **WONDERING** if I could ever get away with a fishnet pop sock, à la Kendall Jenner